

# Headed to College? PACK THIS...



## LAUNDRY ITEMS

- Sheets & Pillowcases\*
- Mattress Pad\*/Egg Crate Topper
- Comforter/Blankets
- Pillows
- Towels (several bath towels, hand towels and washcloths)
- Bed Risers or Lofting Equipment
- Clothes Hangers
- Laundry Hamper and/or Basket
- Laundry Detergent/Dryer Sheets
- Sewing Kit
- Static Spray
- Lint Roller
- Iron/Mini-Ironing Board or Mat
- Quarters
- Other \_\_\_\_\_

\* Some college beds are extra-long; check what your dorm has before buying

## FOOD PREP ITEMS

- Cups/Coffee Mug
- Plastic or Silverware
- Bowls (1 or 2)
- Refillable Water Bottle
- Can Opener
- Coffee Maker or Electric Kettle
- Microwave\*
- Small Refrigerator\*
- Other \_\_\_\_\_
- Other \_\_\_\_\_

\*Check with roommate(s) about sharing these items

## ELECTRONICS/MISC ITEMS

- Computer/Laptop/Printer\*
- Extension Cords/Power Strip
- Phone/Phone Charger
- Headphones/Ear Buds
- Camera
- TV/DVD Player/Game System
- Audio Equipment
- Electric Fan
- Removable Wall Hooks
- Area Rug
- Bike/Bike Lock (if desired)
- Other \_\_\_\_\_

\* Colleges have computer labs to use, if you don't have a computer

## CLOTHING ITEMS\*

- Coat & Light/Heavy Jacket
- Waterproof Jacket/Raincoat
- Pajamas/Robe
- Gloves/Hat/Scarf
- Socks/Underwear
- Jeans/Pants
- Shirts/Sweaters/Sweatshirts
- Dress Clothes (1 set)
- Business Casual Clothes (1 set)
- Sneakers/Comfy Shoes/Boots
- Flip Flops (to wear in the shower)
- Other \_\_\_\_\_
- Other \_\_\_\_\_
- Other \_\_\_\_\_

\* No need to overpack—switch out

## NECESSARY ITEMS

- Tissues
- Paper Towels
- Dish Soap/All-Purpose Cleaner
- Disinfectant Wipes/Spray
- Trash Bags/Zippy Storage Bags
- Food Storage Containers
- Framed Photos From Home
- Other Sentimental Items
- Posters/Wall Art/Decorations
- Umbrella
- Shower Caddy
- Other \_\_\_\_\_
- Other \_\_\_\_\_

## TOILETRY ITEMS

- Prescription Meds/Pain Meds
- Upset Stomach Medicine
- Adhesive Bandages/First Aid Kit
- Cold Medicine/Cough Drops
- Shampoo & Conditioner
- Hair Styling Products & Tools
- Razors/Electric Shaver
- Nail Clippers/Tweezers
- Cotton Swabs
- Soap/Face Soap/Shower Gel
- Lotion (body & face)/Lip Balm
- Make-Up/Misc. Beauty Products
- Toothbrush/Toothpaste/Floss
- Glasses/Contacts & Cleaner
- Other \_\_\_\_\_
- Other \_\_\_\_\_

## DESK/STUDY ITEMS

- Desk Lamp
- Alarm Clock (as a back up to phone)
- Trashcan/Wastepaper Basket
- Pens/Pencils/Highlighters
- Scissors
- Ruler/Protractor
- Paper Clips/Rubber Bands
- Sticky Notes/Notecards
- Pencil Sharpener
- Printer Paper
- Notebooks & Other Paper
- Hanging Files/Folders/Labels
- Flashdrive/Memory Stick
- Stapler/Staples
- Dayplanner/Calendar
- Pocket Folders/Organizers
- Envelopes & Stamps
- Bulletin Board/Thumbtacks
- Dry Erase Board/Markers
- Storage Trays/Boxes/Bins
- Blue Book Testing Booklets
- Scantron Sheets
- Calculator
- Backpack
- Other \_\_\_\_\_

## WHAT NOT TO PACK

Weapons (of ANY kind, including knives/swords/guns, etc.), Candles, Space Heaters, Tobacco/Alcohol/Illegal Substances, Cooking Appliances (toasters, grills, etc.), Lava Lamps, Pets (fish may be allowed)